

STUDIO PILATES

OPERATIONAL MANAGEMENT PLAN



1. Business Overview

Studio Pilates is a boutique fitness studio specialising in Reformer Pilates classes. The studio offers low-impact, high-intensity workouts designed to improve strength, flexibility, and overall well-being.

3. Staffing

- Instructors: 1 certified Reformer Pilates instructor per class
- Support Staff: 1 studio coordinator during peak hours for admin and client support
- Staffing Hours: Aligned with class schedules and Council approved operating hours

5. Class Schedule

Classes typically start every hour, last approximately 40 minutes, with 20 minutes allocated for transition. This reduces client overlap and ensures orderly flow.

7. Noise and Amenity Management

- Soundproofing: Studio will use acoustic materials to minimise noise
- Music: Kept to moderate levels
- Conduct: Clients guided to minimise noise on entry and exit

9. Compliance and Monitoring

- Regulatory Compliance: The studio will comply with all council and permit requirements

2. Facility Details

- Location: 99 Brewer Road, Bentleigh VIC 3204
- Studio Size: 141 square meters
- Equipment: 15 Reformer Pilates beds
- Maximum Class Capacity: 15 clients per session

4. Operating Hours

The studio's operating hours accommodate a range of client schedules. Proposed hours are:

- Monday to Friday: 6:00 AM - 9:00 PM
- Saturday and Sunday: 7:00 AM - 5:00 PM

6. Client Management

- Booking System: All classes are pre-booked online, managing capacity and flow
- Arrival: Clients arrive max 10 minutes before class
- Departure: Clients leave promptly post-session

8. Waste Management

- Disposal: Regular waste and recycling collection arranged
- Hygiene: Sanitation stations and cleaning between classes maintained