



SUGGESTIONS AND IDEAS FOR ACTIVITIES

There are many ways schools can promote and celebrate participation in *Active Schools — Go for Gold*. Here are some ideas you might like to consider — or feel free to come up with your own!

- Nominate student *Active Schools — Go for Gold* Champions

Invite older year levels (e.g. Grades 5 or 6) to take on the role of *Active Schools — Go for Gold* Champions. This gives them the opportunity to build leadership skills, independence, and resilience by helping plan and run activities before and during November. You could have one champion per year level, or more, depending on your school.

- Run a fun activity or competition at your school

Celebrate the program by running interactive activities or competitions. You can use the giveaways supplied as prizes for students. Some examples:

Decorate your own Golden Ticket: students to download and decorate the Golden Ticket themselves from: www.gleneira.vic.gov.au/active-schools

Decorate your shoes, bike or scooter: students can decorate their shoes, bike or scooter and then walk, ride, or scoot to school on a set day during *Active Schools — Go for Gold*.

- Use the Classroom Calendars

Classroom Calendars are a great way to engage students, track activity, and create some friendly competition among classmates.

- Host a healthy breakfast

Invite students, parents, and teachers to enjoy a healthy breakfast together to celebrate active travel.

- Give out certificates

Recognise all students who participated in *Active Schools — Go for Gold* during November by giving them certificates of participation.

If you have any questions or need assistance, please email activeschools@gleneira.vic.gov.au or call 9524 3419.