

M T W T F S S

Date: _____

WEEKLY MEAL PLAN

MONDAY

WATER INTAKE



TUESDAY

WATER INTAKE



WEDNESDAY

WATER INTAKE



THURSDAY

WATER INTAKE



FRIDAY

WATER INTAKE



SATURDAY

WATER INTAKE



SUNDAY

WATER INTAKE



City of
**GLEN
EIRA**

**YOUTH
SERVICES**



GLEN EIRA
CITY COUNCIL

Bentleigh Bentleigh East Brighton East Carnegie Caulfield Elsternwick
Gardenvale Glen Huntly McKinnon Murrumbeena Ormond St Kilda East

M T W T F S S

Date: _____

SHOPPING LIST

WHAT I NEED TO BUY

☐☐☐☐☐☐☐☐☐☐☐☐☐

**YOUTH
SERVICES**



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