



GLEN EIRA
CITY COUNCIL

MEDIA RELEASE

Monday 15 June 2020

Protecting our community this flu season

Each year the flu affects thousands of Victorians and puts an enormous amount of pressure on our hospitals and health system. It's important for everyone to take every possible step to help stop the spread of flu this winter.

Glen Eira Mayor Cr Margaret Esakoff said in the first five months of 2020, no Victorian has died of the flu and there has been just over 4,500 confirmed cases.

"According to the Victorian Department of Health and Human Services, improved hygiene practises and social distancing due to the COVID-19 pandemic is partly to thank for the reduction in the amount of flu cases, which for the same time period last year stood at 31 deaths and 15,358 confirmed cases," she said.

"The reduction in the number of cases is a great result, but it's important that we all continue to play our part in helping fight the flu this winter.

"The best way you can protect yourself further and help prevent getting and spreading the flu, is with an annual flu shot."

Council is offering free flu vaccinations at its community sessions for:

- children aged six months to less than five years;
- pregnant women; and
- people aged over 65.

For those aged over 65, we can also administer the pneumococcal vaccine (for pneumonia) for free.

To download a copy of Council's community immunisation sessions, visit www.gleneira.vic.gov.au

For further information about getting a flu shot, visit www.betterhealth.vic.gov.au/flu

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