



An activity created by Glen Eira City Council and Growing Green Thumbs.

## Seed bombs

### What you will need

Recycled paper — shredded or torn into small pieces (newspaper or office paper is perfect)

Water

Bowls

Dried seeds — marigold, sunflower, cosmos, parsley, basil, fennel, coriander. Any seeds you have — flowers for bees are great.

### What to do

Wet shredded paper, allowing it to become soggy.

Take a pinch of the wet paper (golf ball size), squeeze out water and place chosen seeds inside.

Roll into a tight ball and place in the sun to dry.

Have fun launching your seed bombs into garden beds and watch your recycling create a new place for all the busy bees.

I wonder what seeds you will grow?  
Share your gardening adventures with us  
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