

Damper recipe

This recipe is from Australian Women's Weekly — Sweet Old Fashioned Favourites

Ingredients

- 3 cups self raising flour
- 30g butter
- ¹/₂ cup milk
- 1 cup water, approximately

Method

- 1. Preheat oven at 200°C. Line an oven tray with baking paper.
- Sift flour into a large bowl. Rub in butter. Stir in milk and enough water to mix into a sticky dough.
- 3. On a floured surface, knead dough until smooth. Place dough on oven tray, press into a 15cm round ball.
- Cut a cross into the top of the dough, about 1cm deep. Brush with a little extra milk and sprinkle with a little extra flour.
- 5. Bake for about 30 minutes or until damper sounds hollow when tapped.
- 6. Break damper open. Serve hot pieces with butter and honey or jam.

Happy baking!

Share your baking with us.

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