

BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGIE CAULFIELD ELSTERNWICK GARDENVALE GLEN HUNTLY MCKINNON MURRUMBEENA ORMOND ST KILDA EAST

# COVID-19 COMMUNITY RELIEF AND RECOVERY SUPPORT DIRECTORY

FOOD | COMMUNITY SUPPORT | MENTAL HEALTH PERSONAL HARDSHIP |

000

## **Table of contents**

Overview	3
State Government Coronavirus Hotline	3
Government updates — Stay Informed	3
Meals, food relief and material aid	4
Personal hardship	5
Accommodation and housing	6
Pharmaceutical, health and medical assistance	7
Personal support and counselling	8
Family, children and youth services	10
Family violence support	11
Social and community connections	12

## **Overview**

The relief and recovery community services directory is focused on service providers and organisations that are able to provide relief and assistance during the coronavirus (COVID-19) pandemic.

While every effort has been made to ensure the accuracy of this information, it may change without notice. It is recommended that you contact the services directly to confirm their current service provisions.

### **State Government Coronavirus Hotline**

This hotline is for people who suspect they may have COVID-19, please contact the Department of Health and Human Services' dedicated hotline on 1800 675 398 — open 24 hours, seven days.

For more information, visit <u>https://www.dhhs.vic.gov.au/coronavirus</u>

#### **Government updates — Stay Informed**

It is important that you keep up-to-date with advice and guidance on how to protect yourself and others in the community from the spread of COVID-19.

#### **Coronavirus Australia App**

Stay informed with the latest COVID-19 announcements by downloading the Australian Government's coronavirus app — search 'Coronavirus Australia' in the Apple App Store and on Google Play or visit <u>https://www.health.gov.au/resources/apps-and-tools</u>

#### **COVIDSafe app**

The *COVIDSafe* app helps find close contacts of COVID-19 cases and assists state and territory health officials to quickly contact people who may have been exposed to COVID-19.

Downloading the app is something you can do to protect you, your family and friends and save the lives of other Australians. The more Australians that connect to the COVIDSafe app, the quicker we can find the virus.

The *COVIDSafe* app is the only contact trace app approved by the Australian Government — search 'COVIDSafe' in the Apple App Store and on Google Play or visit <u>https://www.health.gov.au/resources/apps-and-tools</u>

#### **COVID-19 vaccines**

For the latest news and information about COVID-19 vaccines in Australia, visit <u>https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines</u>

# Meals, food relief and material aid

Service	Support	Contact
Glen Eira City	Meals delivered to vulnerable people	If you're over the age of 65 contact
Council Delivered	at a low cost. Delivered Monday to	My Aged Care, phone: 1800 200 422.
Meals	Friday before 10am.	Website: <u>https://www.myagedcare.gov.au/</u>
		If you're under the age of 65 contact
		Glen Eira City Council, phone: 9524 3333.
Kosher Meals on	Kosher meals available for delivery or	Phone: 0474 215 996
Wheels	pick-up.	Email: <u>kmowvicorders@gmail.com</u>
	Service operates Monday to Friday,	Website:
	10am to 1pm.	https://koshermealsonwheels.org.au/index
	Order before 10am for same day	.php
	delivery.	Location: 819 Glen Huntly Road, Caulfield
		South.
Tony's Café	Service provides food parcels and a	Phone: 0432 087 494
(St Anthony's Parish)	takeaway meal on Tuesdays from	Location: The Waratah Room next to
	12.30pm to 1.30pm and Thursdays	St Anthony's Hall Corner Grange and
	from 3pm to 5pm.	Neerim Roads, Glen Huntly.
Community	A local community information and	Dhono: 0571 7644 Monday to Friday
Information and	A local community information and support service providing e-vouchers	Phone: 9571 7644, Monday to Friday, 9.30am to 4pm.
Support Glen Eira	for either Coles or Woolworths sent	Location: 1134 Glenhuntly Road,
(CIS Glen Eira)	via email or EFT transfer and Coles or	Glen Huntly.
	Aldi vouchers sent via the post.	Website:
	Aldi vodeners sent via the post.	https://www.cisvic.org.au/getting-help/cis-
		glen-eira
Compass	Service provides precooked frozen	Phone: (03) 9557 4974
Community Care	meals, food vouchers and pantry	Email: info@compasscare.org.au
community care	items on request.	Location: 5B South Drive, Virginia Park,
		236–262 East Boundary Road, Bentleigh
		East.
		Website:
		www.compasscommunitycare.org.au
Salvation Army	Service provides food parcels through	Phone: 9557 2644
(Bentleigh)	their Market Day every Thursday,	Location: 87 Robert Street, Bentleigh.
	10am to 12pm.	Website:
	No appointment required.	www.salvationarmy.org.au/bentleigh/
Pekelach Inc.	The service rescues surplus food and	Phone: 0468 330 613
	offers support to vulnerable	Email: pekelachmelbourne@gmail.com
	individuals in crisis. They also provide	https://www.pekelach.org.au/
	material aid.	Location: 605 Glen Huntly Road,
		Elsternwick.
		https://www.facebook.com/pekelach/
C-Care	Volunteer delivered meal service,	Phone: 9636 3321
	food parcels and social visits.	Website: www.ccare.org.au
		Facebook:
		https://www.facebook.com/ccare.org.au/

Courses Kitchers	Malumba an daliwana di sa da mara da fan	Dh 0460 222 770
Souper Kitchen	Volunteer delivered kosher meals for	Phone: 0468 333 770
	the Russian-speaking Jewish	Email: Info@souper.org.au
	community.	Location: 3/67 Inkerman Street, St Kilda.
		Website:
		https://www.facebook.com/souperkitchen
		<u>melb/</u>
Open Hands	Pantry items available on request.	Phone: 9572 2550
(Carnegie Church of	Community morning tea every	Mobile: 0439 208 703
Christ)	Wednesday from 10am to 11.30am	Email: info@carnegiechurch.com
		Location: 40 Toolambool Road, Carnegie.
		Website: www.carnegiechurch.com
St Vincents de Paul	Food vouchers and food parcels	Phone: 1800 305 330
Society	available on request through the	The support line operates Monday to
	Welfare Assistance Line.	Friday, 10am to 3pm.
		Website:
		https://www.vinnies.org.au/page/News/VI
		C News/COVID-19 - Vinnies Victoria/
Foodbank Victoria	Providing Victorian's in mandatory	Phone: 1800 675 398
	isolation with emergency relief	Website:
	packages —distributed by the Red	www.foodbank.org.au
	Cross.	

## Personal hardship

Service	Support	Contact
Jewish Care	This service provides financial	Phone: 8517 5555, Monday to Friday,
	counselling and support, as well as	8.30am to 6.30pm.
	interest-free loans.	Website: https://www.jewishcare.org.au/
Community	A local community information and	Phone: 03 9571 7644, Monday to Friday,
Information and	support service providing Telstra	9.30am to 4pm.
Support Glen Eira	vouchers to assist paying Telstra	Location: 1134 Glenhuntly Road,
(CIS Glen Eira)	accounts, no interest loan scheme for	Glen Huntly.
	individuals or families living on low	Website:
	incomes and tax help.	https://www.cisvic.org.au/getting-help/cis-
		<u>glen-eira</u>
Working for	If you have lost your job due to the	Website:
Victoria	economic impacts of COVID-19, you	https://www.vic.gov.au/workingforvictoria
	can register your details on the	
	Working for Victoria site to access new	
	work opportunities.	
Services Australia	The Australian Government is	Website: www.servicesaustralia.gov.au
	providing financial assistance to	
	Australians to support them through	
	COVID-19.	
Moneysmart	This service provides financial	Website: <u>https://moneysmart.gov.au/</u>
	counselling.	
National Debt	National Debt Helpline is a not-for-	Phone: 1800 007 007, Monday to Friday,
Helpline	profit service that helps people tackle	9.30am to 4.30pm.
	their debt problems. Their professional	Website: <u>https://ndh.org.au/</u>
	financial counsellors offer a free,	
	independent and confidential service.	
Australian Taxation	Information about ATO measures and	Website: <u>https://www.ato.gov.au/</u>
Office (ATO)	tailored support during COVID-19.	

## Accommodation and housing

Service	Support	Contact
Launch Housing	This service assists people experiencing homelessness into safe and secure housing through specialist homelessness services.	Phone: 1800 825 955 for a local response between 9am to 5pm (calls outside these hours are diverted to Salvation Army Crisis Services). Locations: Launch Housing St Kilda, 122 Chapel Street, St Kilda. Monday to Friday, 9am to 5pm. Launch Housing Cheltenham Level 1/11 Chesterville Road, Cheltenham Monday to Friday, 9am to 5pm. Website: https://www.launchhousing.org.au/
Salvation Army St Kilda Crisis Centre	This service provides a range of homelessness services specific to adults and families, including accommodation, case management services, advocacy, limited financial assistance, counselling, as well as connection and referral to other specialist services.	Phone: 9536 7777 Location: 29 Grey Street, St Kilda. Website: https://www.salvationarmy.org.au/
Aboriginal Housing Victoria	Aboriginal Housing Victoria (AHV) is an Aboriginal community organisation responsible for rental properties for Aboriginal and/or Torres Strait Islander people living in Victoria.	Phone: free call 1800 248 842, 9403 2100. Email: <u>clientservices@ahvic.org.au</u> Location: Narrandjeri House, 125–127 Scotchmer street, Fitzroy North. Website: <u>https://ahvic.org.au/</u> Hours: 8.30am to 4.30pm, Monday to Friday.
Star Health	The Community Connections team consists of trained and experienced outreach workers who work with people who are homeless by helping link people to other support services and assist people in applying for or maintaining housing.	Phone: 9525 1300 Website: <u>https://www.starhealth.org.au/services-</u> 2/physical-health/housing-homeless/
Pekelach Inc.	The service provides referrals to accommodation.	Phone: 0468 330 613 Email: <u>pekelachmelbourne@gmail.com</u> Location: 605 Glenhuntly Road, Elsternwick. Facebook: <u>https://www.facebook.com/pekelach/</u>
Consumer Affairs Victoria	This service provides information and advice to tenants, co-tenants and landlords.	Phone: 1300 55 81 81 Website: <u>https://www.consumer.vic.gov.au/</u>
Peninsula Community Legal Centre	Through their Tenancy Assistance and Advocacy program this service assists private tenants and rooming house residents. Priority is given to people who are victims of family violence or financially disadvantaged.	Phone: 9783 3600 or 1800 064 784 Monday to Friday, 9am to 5pm. Email: <u>pclc@pclc.org.au</u> Website: <u>https://pclc.org.au/</u>
Victorian Aboriginal Legal Service (VALS)	VALS plays an important role in providing referrals, advice/information, duty work or case work assistance to Aboriginal and Torres Strait Islander peoples in Victoria.	Phone: 1800 064 865/9418 5999 Email: vals@vals.org.au Location: 273 High Street, Preston. Website: <u>https://www.vals.org.au/</u>

## Pharmaceutical, health and medical assistance

lay to Friday,
u/getting-help/cis-
n 9684 4821
arhealth.org.au/
g.au/
vice is available
nacies across
nacy to find out
actitioner or clinic
s to this service.
onse area is within
da, Balaclava,
pponlea, Malvern
•
call Hatzolah on
all 8534 0100.
h.org.au/

# Personal support and counselling

Service	Support	Contact
Connect Health	This service provides counselling	Phone: 9575 5333
and Community	through video conferencing sessions.	Website:
		https://connecthealth.org.au/about-
		us/coronavirus-covid-19-update/
Pekelach Inc.	Pekelach Inc. has set up a Mental Health	Phone: 0412 465 277
	Support Triage service, available to	Service hours: always open.
	provide support and advocacy during	
	this difficult period.	
Jewish Care	This service provides support if you are	Phone: 8517 5555, Monday to Friday,
	experiencing emotional distress or	8.30am to 6.30pm.
	feeling socially isolated.	Website: https://www.jewishcare.org.au/
Star Health	The Stay Connected Support Service	Phone: 9525 1300 and ask for the
	provides support to people who are	COVID-19 Stay Connected Phone Support
	feeling isolated, impacted by the	Team.
	pandemic or in need of support.	Website: https://www.starhealth.org.au/
Conversations in	This service provides volunteers	Phone: 0492 837 888
isolation	(university medical students) who	Facebook:
	support community members at risk of	https://www.facebook.com/convoiniso/
	isolation and loneliness through regular	https://www.conversationinisolation.org/
	phone calls.	
FriendLine	FriendLine is for anyone who needs to	Phone: 1800 424 287
Thendeline	reconnect or just wants a chat.	The support line is open 2pm to 8pm,
	All conversations with FriendLine are	seven days a week.
	casual and anonymous.	Website: http://www.friendline.org.au/
		The online chat service is open Tuesday to
		Thursday, 1pm to 5pm.
Mindspot	Free telephone and online service for	Phone: 1800 614 434
i i i i i i i i i i i i i i i i i i i	people with stress, worry, anxiety, low	The support line is open Monday to Friday,
	mood or depression.	8am to 8pm and Saturday, 8am to 6pm.
	It provides online assessment and	Website: https://mindspot.org.au/
	treatment for anxiety and depression	in a second seco
	and can help you find local services.	
Beyond Blue	Coronavirus Mental Wellbeing Support	Phone: 1800 512 348
beyond blue	Service.	Website:
		https://coronavirus.beyondblue.org.au/
MensLine	Physical, mental and financial support	Phone: 1300 789 978
Australia	during COVID-19.	The support line is open 24 hours a day,
		seven days a week.
		Website: https://mensline.org.au/
Lifeline Australia	A crisis support service offering short	Phone: 13 11 14
Enemie / lastrana	term support at any time for people who	Website: https://www.lifeline.org.au/
	are having difficulty coping or staying	include in the second s
	safe.	
	Culture is Life deepens connections and	Email: info@cultureislife.org
Culture is Life		
Culture is Life		Website: https://www.cultureislife.org/
Culture is Life	belonging by backing Aboriginal and	Website: <u>https://www.cultureislife.org/</u>
Culture is Life	belonging by backing Aboriginal and Torres Strait Islander led solutions to	Website: <u>https://www.cultureislife.org/</u>
Culture is Life	belonging by backing Aboriginal and Torres Strait Islander led solutions to prevent youth suicide and to support	Website: <u>https://www.cultureislife.org/</u>
	belonging by backing Aboriginal and Torres Strait Islander led solutions to prevent youth suicide and to support young people to thrive.	
Suicide Call Back	belonging by backing Aboriginal and Torres Strait Islander led solutions to prevent youth suicide and to support young people to thrive. Suicide Call Back Service is a nationwide	Phone: 1300 659 467
	belonging by backing Aboriginal and Torres Strait Islander led solutions to prevent youth suicide and to support young people to thrive. Suicide Call Back Service is a nationwide service that provides professional	Phone: 1300 659 467 Website:
Suicide Call Back	belonging by backing Aboriginal and Torres Strait Islander led solutions to prevent youth suicide and to support young people to thrive. Suicide Call Back Service is a nationwide	Phone: 1300 659 467

Switchboord	Tolophone and web sourcelling	Dhanay 1900 194 527
Switchboard Victoria	Telephone and web counselling,	Phone: 1800 184 527
VICLOIIA	information, and referral service for	The support line is open seven days a
	LGBTIQA+ community.	week, 3pm to 12am.
		Website: http://www.switchboard.org.au/
QLife	QLife provides Australia-wide	Phone: 1800 184 527
	anonymous, LGBTIQ+ peer support and	The support line is open 6pm to 10pm
	referral for people wanting to talk about	daily.
	a range of issues including sexuality,	Website: <u>https://qlife.org.au/</u>
	identity, gender, bodies, feelings or	
	relationships.	
DirectLine	Confidential alcohol and drug	Phone: 1800 888 236
	counselling and referral service.	The support line is open 24 hours a day,
		seven days a week.
		Website: <u>https://www.directline.org.au/</u>
Little Dreamers	Little Dreamers works with young	Phone: 1800 717 515
Australia	people (under 25) who provide unpaid	Website:
	care for a family member with a	https://www.littledreamers.org.au/
	disability, illness, mental illness or	
	addiction. Visit the Dreamers Hub to	
	connect with other young carers.	
Senior Rights	Seniors Rights Victoria provides	Phone: 1300 368 821
Victoria	information, support, advice and	The support line operates Monday to
	education to help prevent elder abuse	Friday, 10am to 5pm.
	and safeguard the rights, dignity and	Website: https://seniorsrights.org.au/
	independence of older people.	
Carer Gateway	The Carer Gateway supports and helps	Phone: 1800 422 737, Monday to Friday,
·····	carers. Services offered include phone	8am to 5pm.
	counselling, an online carer forum,	Website:
	and self-guided coaching and skills	https://www.carergateway.gov.au/
	courses. Carer Gateway can also help	
	you access emergency respite services.	
Carers Victoria	Supporting carers with emotional	Phone: 1800 514 845
	support and service advice, telephone	The support line operates Monday to
	and online counselling sessions, in-home	Friday 8.30am to 5pm.
	respite and other staffed essential	Website:
	services.	https://www.carersvictoria.org.au/
Disability	This service provides information and	Phone: 1800 643 787
Information	referrals for people with a disability who	The helpline operates Monday to Friday,
Helpline	need help because of COVID-19. The	8am to 8pm and Saturday and Sunday, 9am
neipiine	Helpline can help families, carers,	to 7pm.
	support workers and services, too.	to / pin.
	The Disability Information Helpline is	If you are deaf, or have a hearing or speech
	free, private and fact-checked.	impairment, you can also call the National
	nee, private and fact-checked.	Relay Service on 13 36 77.
		Nelay Service OII 15 50 //.
		Website:
		https://www.dss.gov.au/disability-and-
		carers/information-and-referrals-for-
		people-with-disability-and-their-
		supporters-about-coronavirus-covid-19

## Family, children and youth services

Service	Support	Contact
Glen Eira City	Maternal and child health service	Phone: Maternal and Child Health Hotline
Council Maternal	provides free help to Glen Eira families	on 9524 3403.
and Child Health	with children from birth to school	The service operates Monday to Friday,
Service	age. The service is staffed by registered	9am to 5pm.
	nurses with general, midwifery and	Website:
	postgraduate qualifications. All	https://www.gleneira.vic.gov.au/services/f
	consultations are being conducted over	amily-and-children/maternal-and-child-
	the phone.	<u>health</u>
Glen Eira City	For people aged 10 to 25.	Phone: Youth Services on 9524 3676
Council Youth		Email youthservices@gleneira.vic.gov.au
Services		Website:
		https://www.gleneira.vic.gov.au/services/y
		outh
Headspace	This service provides support to young	Phone: 1800 650 890
	people aged 12 to 25 over the phone	Website: https://headspace.org.au/
	and face to face video conferencing.	
Victorian	An Aboriginal Community Controlled	Phone: 9287 8800
Aboriginal Child	Organisation providing support and	Email: <u>vacca@vacca.org</u>
Care Agency	services for children, young people,	Website: https://www.vacca.org/
(VACCA)	families, and community members.	
Kids Helpline	Kids Helpline is Australia's only free,	Phone: 1800 55 1800
	private and confidential phone and	The support line is open 24 hours a day,
	online counselling service for young	seven days a week.
	people aged 5 to 25.	Website: https://kidshelpline.com.au/
ReachOut	ReachOut is Australia's leading online	Website: https://au.reachout.com/
	mental health organisation for young	
	people and their parents.	
PANDA	PANDA responds to the needs of	Phone: 1300 726 306
Perinatal Anxiety	families across Australia who are	The support line is open Monday to Friday,
& Depression	expecting a baby or in the first year after	9am to 7.30pm.
Australia	the baby's birth. The helpline offers	Website: <u>https://www.panda.org.au/</u>
	support, information, counselling and	
	referral to expecting and new mothers	
	and fathers and their families and	
	friends.	
Raising Children	This service provides free, reliable up-to-	Website: https://raisingchildren.net.au/
Network	date and independent information	
	including a range of parenting videos,	
	articles and apps backed by Australian	
	experts.	

## Family violence support

Service	Support	Contact
Jewish Care	Jewish Care's Individual and Family Services team provides a specialised family violence service comprised of end-to-end support for children, individuals and families.	Phone: 8517 5555, Monday to Friday, 8.30am to 6.30pm. Website: <u>https://www.jewishcare.org.au/</u>
The Orange Door in Bayside Peninsula	The Orange Door is a free service for adults, children and young people who are experiencing or have experienced family violence and families who need extra support with the care of children.	Phone: 1800 319 353 Email: <u>bpa@orangedoor.vic.gov.au</u> Website: <u>https://orangedoor.vic.gov.au/</u> Location: 60–64 Wells Street, Frankston. Monday to Friday, 9am to 5pm (closed public holidays).
Safe Steps Family Violence Response Centre Men's Referral Service	A state-wide access point for those who need to leave a violent situation and access emergency crisis accommodation. A men's family violence telephone counselling, information and referral service operating in Victoria. The service also provides support and referrals for women and men seeking information on behalf of their male partners, friends or family members, and workers in a range of agencies seeking assistance for their	Phone: 1800 015 188 The support line is open 24 hours a day, seven days a week. Website: <u>https://www.safesteps.org.au/</u> Phone: 1300 766 491, Monday to Friday, 8am to 9pm and Saturday and Sunday, 9am to 6pm. Live chat: Monday to Friday, 8am to 9pm Weekends and Public Holidays, 10am to 3pm.
1800RESPECT National Sexual Assault, Domestic Violence Counselling Service	clients who are men. Support services for people impacted by sexual assault, domestic or family violence and abuse.	Website: <u>https://www.ntv.org.au/</u> Phone: 1800 737 732 The support line is open 24 hours a day, seven days a week. Website: <u>https://www.1800respect.org.au/</u>
Tzedek A Jewish community free of child sexual abuse. South Eastern Centre Against Sexual Assault and Family Violence (SECASA).	Tzedek/SECASA provides a national support, prevention and advocacy service to survivors of sexual abuse in the Jewish community. They also work with family members and others affected by sexual abuse. Counselling sessions are conducted by phone or via Telehealth.	Phone: 9228 8741 Tzedek/SECASA also offers a 24-hour crisis line Phone: 9594 2289 Toll-free number 1800 806 292. Website: https://www.secasa.org.au/programs-and- services/tzedek/

# Social and community connections

Service	Support	Contact
Southern	Support programs for families and	Phone: 9767 1900
Migrant and	children, youth, education, employment,	Website: www.smrc.org.au
Refugee Centre	community support, age care and	
-	disability services.	
Glen Eira Adult	Adult education and personal	Phone: 9578 8996
Learning Centre	development programs.	Email: info@gealc.org.au
-	English as Additional Language (EAL)	Website: www.gealc.org.au
	course available.	Location: 260 Booran Road, Ormond.
Caulfield South	Programs for the whole community,	Phone: 9596 8643
Community	including adult learning and	Email: admin@csch.org.au
House and	development, fun and friendship, health	garden@csch.org.au
Garden	and wellbeing for both children and	Website: <u>www.csch.org.au</u>
	adults. Also provides a community	Location: 450 Kooyong Road, Caulfield
	garden program.	South
Godfrey Street	Programs for the whole community,	Phone: 9557 9037
Community	including adult learning and	Email: <a href="mailto:coordinator@godfreystreet.org">coordinator@godfreystreet.org</a>
House	development, fun and friendship, health	Website: www.godfreystreet.org
	and wellbeing for both children and	Location: 9 Godfrey Street, Bentleigh.
	adults.	
Moongala	Programs for the whole community,	Phone: 9570 3468
Community	including adult learning and	Email: <u>admin@moongala.org.au</u>
House	development, fun and friendship, health	Website: <u>http://www.moongala.org.au</u>
	and wellbeing for both children and	Location: 824 Centre Road, Bentleigh East.
	adults.	
East Bentleigh	An inclusive and welcoming space that	Phone: 0484 131 708
Village Garden	promotes sustainable food production	Email: info@ebvg.org.au
	and provides opportunities for learning	Website: www.ebvg.org.au
	and sharing of skills and knowledge. It	Location: Rear of Moorleigh Community
	holds open days and working bees on the	Village, 90–92 Bignell Road, Bentleigh East.
	first and third Saturday of every month from 10am.	
Murrumbeena		
Community	Offers individual plots and offers regular gatherings, talks and workshops.	Phone: Glynis on <u>0407 506 662</u> Email: <u>murrumbeenagarden@bigpond.com</u>
Garden	gatherings, taks and workshops.	Location: Rear of Murrumbeena Uniting
Garden		Church, 117 Murrumbeena Road,
		Murrumbeena.
Carnegie	Visit a laneway transformed and	Facebook:
Laneway Garden	maintained by locals featuring various	www.facebook.com/CarnegieLaneway/
and Gallery	plants, art pieces, hopscotch, book	You can also make contact through the fairy
	exchange and fairy note box. It is an	note box in the laneway.
	informal work in progress as people	Location: Koornang Road through to
	come together to create connections.	Graceburn Avenue, Carnegie.
	Enquiries and contributions are	
	welcome.	
Playgroup	Playgroups bring young children, parents	Website: https://www.playgroup.org.au/
Victoria	and families together. They help children	
	, - p	1
	develop physically, socially and	

<u>n</u>
<u>n/</u>
jie
<u>m/</u>
.au/
.gov.au/
.gov.au/
<u>iu</u>
<u>iu</u>
lage,
.org/
lage,

Glen Eira Combined Probus Club	A social and informative club for retired residents of Glen Eira City Council. Activities include outings, dine outs, live theatre, barbecues, card and games days.	Phone: 9568 0258 Website: <u>https://gleneiraprobus.com/</u>
Glen Eira Leisure	Glen Eira Leisure welcomes all ages and parts of the community. <i>GEL Anywhere</i> is an online training program to help you to keep moving and in touch with the GEL team and community. There are a range of workouts suitable for everyone and anywhere.	Timetable and Online classes <u>https://www.geleisure.com.au/</u> Locations: GESAC: 200 East Boundary Road, Bentleigh East. Caulfield Recreation Centre: 6 Maple Street, Caulfield South.



GLEN EIRA CITY COUNCIL

## **Glen Eira City Council**

To access food relief and essential items, contact Glen Eira City Council's COVID-19 Hotline on 9524 3733.

## www.gleneira.vic.gov.au

#### **National Relay Service**

If you are deaf, hearing-impaired, or speech-impaired, we ask that you call us via the National Relay Service and then ask for (03) 9524 3333.

Online: https://nrschat.nrscall.gov.au/nrs/internetrelay Teletypewriter (TTY): 13 36 77 Speak and Listen: 1300 555 727

#### Social media

What's on in Glen Eira: www.facebook.com/GlenEiraCityCouncil

**@cityofgleneira:** www.instagram.com/cityofgleneira

Glen Eira arts, gallery and events: www.facebook.com/gleneiraarts

#### Glen Eira Leisure:

www.facebook.com/GESAConline www.instagram.com/gleneiraleisure www.twitter.com/GESAConline

Glen Eira Libraries: www.facebook.com/GlenEiraLibraries www.instagram.com/gleneiralibraries

Glen Eira Maternal and Child Health: www.facebook.com/GlenEiraMaternalandChildHealth

Glen Eira sustainable living: www.facebook.com/sustainablelivinggleneira

Glen Eira Youth Services: www.facebook.com/GlenEiraYouthServices www.instagram.com/gleneirayouthservices