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Bentleigh, Bentleigh East, Brighton East, Carnegie, Caulfield, Elsternwick, Gardenvale, Glen Huntly, McKinnon, Murrumbeena, Ormond, St Kilda East



GLEN EIRA



Know Your Neighbour ideas

Here are some 'COVID safe' ideas that you can use to get to know your neighbours. For more information on the COVID-19 restrictions, visit <u>www.coronavirus.vic.gov.au/how-we-live</u>

Kindness

- · Leave a gift of home grown flowers for a neighbour.
- If someone in your neighbourhood is unable to have a pet, maybe you could take yours for a visit. Having a pet is a well-known boost to wellbeing.
- Post notices on community boards offering to drop off groceries and do errands for elderly or people with disability who may not be able to get to the shops at the moment.
- Offer to take one of your neighbours to the Glen Eira Gallery to see our latest exhibitions together: www.gleneira.vic.gov.au/gallery

Games and activities



- Organise a games afternoon for children in the neighbourhood — chalk drawing, hopscotch, roller skating.
- Make a list of icebreakers for people to ask during these events.
- Organise an arts and craft session for the neighbourhood children.

Swap and share

- Ni hao
- Next time you mow your nature strip, mow your neighbour's as well.
- Organise a street verge planting project. Check Council's guidelines here www.gleneira.vic.gov.au/services/planningand-building/building/permits/nature-strips
- Exchange phone numbers in case of emergencies.
- Keep safe set up a Neighbourhood Watch group or organise a home safety gathering with your neighbours. Visit www.nhw.com.au
- Exchange greetings in different languages; try to learn some basic phrases of the various languages spoken in your street/neighbourhood.

Indoor activities

 Start a street book club — invite neighbours over to discuss your favourite books.



- Organise a movie night at your home and invite a neighbour to come along. You could even make it a dress up theme, according to the movie you watch! The kids will love this!
- Invite a neighbour over to do an online exercise class — yoga, meditation, pilates, HIIT — there are plenty to choose from on our Glen Eira Leisure website: www.geleisure.com.au/gym-group-fitness/gel-anywhere

Get connected

• Set up a street/neighbourhood Facebook group to help meet and connect with neighbours.



- Set up an informal and inclusive regular residents' group catch up session.
- Get Zooming! Encourage your neighbours to connect with you via Zoom so you can play games, read, chat and perform online if meeting in person is not suitable.

Out of the box

• Get creative with your neighbours and decorate your letterboxes together.



- Make a book of stories with neighbours that celebrates great things about your street.
- Find out who plays what instrument in your street and organise a musical jam session.
- Start a neighbourhood library (eg. ladders, tools, books, toys, sports gear, music).
- Garage Sale Trail: invite your neighbours to join you in one big garage sale www.garagesaletrail.com.au

