

GLEN EIRA YOUTH STRATEGY ACTION PLAN 2019–2020

HAPPY – HEALTHY - FULFILLED

This action plan sets out the annual program of youth focussed services, initiatives and activities to progress the implementation of the *Glen Eira Youth Strategy 2019–2023*. The *Glen Eira Youth Strategy* was developed in partnership with young people and was informed through a youth engagement process with 4,942 young people and Glen Eira community. This action plan will be used to monitor the progress of actions against the commitments outlined in the youth strategy and a report of the outcomes of these actions will be published on Glen Eira City Council's website: www.gleneira.vic.gov.au

The *Glen Eira Youth Strategy 2019–2023* identifies five key priority areas:



PRIORITY 01: RESILIENT

Empower young people to develop resilience, positive self-esteem and healthy relationships.

OBJECTIVE	ACTION 2019-2020	PERFORMANCE MEASURE	KEY STAKEHOLDERS
Address the impacts of school stress and parental pressure by providing new opportunities for young people and families to strengthen relationships.	Develop and promote a new campaign to encourage young people and families to re-connect face to face and build healthy relationships through reducing technology screen time.	Program content developed in partnership with Council's #YouthVoice youth committee and promoted to all primary and secondary schools.	#YouthVoice committee.
	Deliver a new series of Parent Information Nights on a range of topics that deal with school stress and promote understanding and better communication between parents and young people.	One parent information night delivered per term to Glen Eira parents and young people.	Glen Eira primary and secondary schools, Headspace, local youth service providers.
	Deliver the <i>Moving Up Program</i> to assist grade six students transition from primary school to secondary school and empower them to successfully navigate this time of change.	Moving Up Program delivered to at least 700 Year 6 students in Glen Eira.	All primary schools in Glen Eira
Deliver new programs and initiatives that promote positive body image for young females and teach young males about the importance of respectful relationships.	Develop and deliver a new 'Girl-Up' program to Year 6 students that promotes positive identity and hope for the future for young girls in Glen Eira.	Program developed in partnership with the Girl Up Glen Eira youth committee and offered to all primary schools in Glen Eira.	Girl Up Glen Eira Committee, primary schools, local youth services providers.
	Deliver a new 'Mancave' Healthy and Respectful Relationships Program to young males in Years 8 and 9 to promote appropriate and healthy relationship behaviours.	'Mancave' - Healthy Relationships Program developed and offered to all secondary schools in Glen Eira.	Glen Eira secondary schools, Women's Health in the South East (WHISE).
Provide school and community based programs that empower young people to have healthy relationships, build social skills and develop empathy between peers.	Deliver the Girl Up Glen Eira program each year to empower young girls in building the positive self-image, mental health and hope for the future of their peers in Glen Eira.	Girl Up Glen Eira program delivered to at least 12 participants.	Resilient Youth, Headspace, local schools.
	Deliver a Leadership and Teamwork Program to primary and secondary school students to build positive image, confidence and self-esteem.	Leadership and Teamwork program offered to all primary and secondary schools in Glen Eira.	Glen Eira primary and secondary schools, Resilience Project.
	Deliver the <i>#YouthVoice Program</i> each year to enable young content creators aged 10 to 25 to interview, film and create social media content to project youth issues, opinions and achievements.	#YouthVoice program delivered to and at least five videos created and published online.	DHHS, Headspace, local youth support agencies
Adopt a city-wide approach to anti-bullying in both school and community settings and support young people to respond to bullying behaviour.	Develop a new online anti-bullying campaign that communicates messages about how to appropriately respond to bullying behaviours and how to develop resilience through identifying own strengths and being socially connected.	Campaign developed in partnership with the Glen Eira #YouthVoice youth committee and promoted through Youth Services social media platforms.	#YouthVoice committee.

PRIORITY 02: HEALTHY

Encourage positive mental health, healthy lifestyle choices and promote the safe use of technology.

OBJECTIVE	ACTION 2019-2020	PERFORMANCE MEASURE	KEY STAKEHOLDERS
Develop new initiatives that support young people and families to safely manage technology in the home and reduce the incidence of cyber-bullying.	Develop a new initiative that builds a shared understanding of positive and negative technology use and supports families to safely manage technology use at home.	Project developed with participants of Council's <i>Press Start</i> Program - a program that assists young people to balance life with a love of video gaming.	Office of the eSafety Commissioner, Project Rocket, Press Start program.
	Engage the Office of the e-Safety Commissioner to provide an information session for parents and young people on online safety.	Parent information session conducted with the Office of the e-Safety Commissioner.	Office of the e-Safety Commissioner.
Promote the benefits of good nutrition, healthy sleep behaviours and regular physical activity to achieve optimum health.	Deliver a sleep and technology program to raise awareness about the relationship between the use of technology and healthy sleep behaviours.	Sleep and Technology program offered to all primary and secondary schools.	Glen Eira primary and secondary schools, Sleep Health Foundation.
	Deliver the <i>Press Start</i> program each year to teach young people healthy gaming habits and empower participants build back their self-confidence and reconnect with their community.	At least 30 <i>Press Start</i> sessions delivered per year.	Glen Eira parents, young people, local youth services providers.
Support young people to make positive life choices about the health issues affecting young people, such as drugs and alcohol.	Partner with Taskforce Community Agency and other local youth services providers to deliver the <i>Peer Leadership Program</i> and increase young people's awareness about making healthy decisions around drugs and alcohol and how to navigate adolescence.	Peer Leadership Program delivered and representatives from at least three Glen Eira secondary schools attended.	Taskforce Community Agency, Family Life, St Kilda Football Club, Glen Eira secondary schools.
Improve the awareness of mental health and support young people to access information and support.	Partner with local sporting groups to increase their understanding of youth mental health and the pathways to access support.	Youth mental health presentations delivered to at least five local sporting clubs.	Headspace, Glen Eira Sporting Associations.
	Develop a major new Council initiative to train all Year 9 students in Glen Eira in Youth Mental Health First Aid and deliver a pilot program with three local secondary schools.	Youth Mental Health First Aid Project developed and piloted at a local secondary schools.	Mental Health First Aid Australia, Headspace, Glen Eira secondary schools.

PRIORITY 03: INCLUDED

Celebrate diversity, inspire social inclusion and promote active participation in community life.

OBJECTIVE	ACTION 2019-2020	PERFORMANCE MEASURE	KEY STAKEHOLDERS
Provide opportunities for young people to increase social connectedness through participation in youth festivals and events, arts and culture programs, recreation and sporting clubs and other community activities.	Deliver the <i>Sounds of Glen Eira</i> free music event to showcase local talent and provide further opportunities for young people to perform at Council's <i>Party in the Park</i> and <i>Groove and Graze</i> events.	Sounds of Glen Eira event held at the Bentleigh McKinnon Youth Centre.	DHHS, Glen Eira secondary schools, local young artists.
	Deliver a Glen Eira <i>Youth Art Exhibition</i> to showcase the talents of emerging young artists in the City of Glen Eira.	Youth Art Exhibition held in the Glen Eira Gallery.	DHHS, Glen Eira Artist Society, local young artists.
	Deliver the <i>Glen Eira Youth Leadership Team Program</i> and support young people to plan, develop and deliver a range of youth events that allow young people to come together, celebrate diversity and showcase their talents.	Youth Leadership Program delivered to at least 10 participants.	
	Deliver the <i>Teen School Holiday Program</i> which provides inclusive social and recreational opportunities, especially for young people who are vulnerable or financially disadvantaged.	Four School Holiday Programs delivered each year with at least six engaging and fun activities available at the end of each school term.	Local youth recreation providers, Glen Eira parents and young people.
Increase local volunteering opportunities for young people across the City and connect young people with volunteering opportunities.	Create new online content to inform young people about volunteer opportunities, basic employment skills, and rights and expectations.	New video content created and posted in collaboration with Council's Youth Committees and published via Glen Eira Youth Services social media	Holmesglen, Monash Student Union, #YouthVoice committee.
Explore ways to increase community connections and inclusion of young people from culturally and linguistically diverse backgrounds and the international student population.	Establish a new working group to explore opportunities and program development to connect Glen Eira's international student population and cultural and linguistically diverse young people within the community.	Working Group established with young people and key local stakeholders. Programs developed for 2020-21.	Migrant Resource Centre, Monash Student Union and Jewish Care.
Work with the local community and schools to promote the inclusion of LGBTIQ young people, young people with a disability and young people who identify as Aboriginal or Torres Strait islander people.	Partner with neighbouring LGBTIQ support groups to deliver two LGBT+ inclusive events that allow young people to celebrate diversity and form new community connections.	At least two LGBTIQ inclusive youth events held.	Glen Eira Pride, QIK, Full Spectrum, Headspace .
	Create a safe space for LGBTIQ young people through the delivery of the <i>Glen Eira Pride Program</i> , a same sex attracted, sex/gender support group to help promote LGBT+ awareness and inclusion.	At least 16 support meetings delivered each year to support young LGBT+ people.	Minus 18, RESPECT Network, Rainbow Network.

PRIORITY 04: ENGAGED

Connect with young people, so that they can actively shape their community and their future.

OBJECTIVE	ACTION 2019-2020	PERFORMANCE MEASURE	KEY STAKEHOLDERS
Ensure young people have a genuine voice and input into Council plans, programs and services through the <i>Connecting with Young People</i> community engagement plan.	Ensure Council community engagement activities for Council plans, services and programs relevant to young people are undertaken in accordance with the <i>Glen Eira Connecting with Young People Strategy</i> .	Youth engagement activities to support the development of Council plans, services and programs reported in the Council Annual Report.	Glen Eira schools, Local youth service providers, parents and young people.
	Survey Glen Eira young people to identify key youth issues and opinions about services and programs delivered as part of the <i>Glen Eira Youth Strategy 2019-2023</i> .	At least 300 Youth iPad Surveys completed per year and results published in the Council website: www.gleneira.vic.gov.au .	Glen Eira young people, #YouthVoice and Community Engagement Advisory Committees.
Strengthen the connections between Councillors, young people and the community to enable a genuine youth voice to the Council priority areas for young people.	Provide opportunities for the Youth Representative Committees, such as the <i>Youth Leadership Team</i> , <i>Glen Eira Pride Group</i> and the <i>#YouthVoice Group</i> to present to Council on topical youth issues relevant to Glen Eira.	Youth representative committee members supported to identify youth issues and provide least one presentation to Council.	Youth committee members, Community Engagement Advisory Committee.
	Deliver the <i>Foundation for Youth Excellence</i> program to provide funding to young individuals to help them achieve success in the fields of leadership, creative and performing arts, education, or sport.	At least 30 Foundation for Youth Excellence Awards allocated annually.	Community groups, Glen Eira schools and sporting associations.
Increase Council Youth Services online and social media presence to build supportive relationships and provide young people with new ways to communicate and provide feedback to Council.	Increase the output of the Glen Eira Youth Services social media content (including using paid advertising to reach new audiences) to improve engagement with young people in Council activities and important issues relevant to youth people.	At least two pieces of social media content posted per week on both Youth Services Facebook and Youth Services Instagram pages.	Youth committee members, local youth service providers.
	Work in partnership with other local government Youth Services to identify best practice, positive brands and recommendations for engaging with young people online.	Review completed and recommendations documented and implemented.	Other local Councils, local youth services providers.
Engage young people in the planning, design and delivery of Council youth programs and initiatives.	Ensure young people are included in the planning and delivery of Council run festivals and events.	Youth-led activities delivered at Council's Party in the Park and the Glen Eira Storytelling Festival events.	Arts and Culture Advisory Committee

PRIORITY 05: SUPPORTED

Provide appropriate support and referral for vulnerable young people and their families seeking advice or experiencing family crisis.

OBJECTIVE	ACTION 2019-2020	PERFORMANCE MEASURE	KEY STAKEHOLDERS
Ensure young people have free, youth-friendly access to one-on-one youth worker support at Council's Youth Centre to address individual youth issues, including mental health, drug abuse, emergency accommodation, family violence, social isolation and employment pathways.	Increase one-on-one youth worker support for young people, assist in making referrals to appropriate services when required for issues such as emergency housing, education and employment; personal and family relationships; drug and alcohol related issues and health and wellbeing challenges.	Youth Worker support promoted and youth information, referral and support contacts increased by 25% from 1,000 to 1,250 per year.	Local youth services providers, Glen Eira primary and secondary schools.
Collaborate with schools, community groups and youth support agencies (i.e. Headspace) to deliver information to young people to reduce the stigma about seeking help and promote the range of support services available to young people in Glen Eira.	Establish a new regional working group to develop joint projects that aim to reduce the number of youth suicide incidents.	Youth Suicide Prevention Working Group established, terms of reference agreed upon and at least three meetings held.	Headspace, Bayside City Council, Kingston City Council, South East Primary Health Network.
	Partner with Bayside and Kingston City Council Youth Services to coordinate and facilitate the Bayside, Glen Eira and Kingston Youth Network to improve the collaboration, information sharing and referral pathways for young people between local youth service providers.	At least four Glen Eira, Bayside and Kingston Youth network meetings facilitated and one <i>At Risk Forum</i> held per year.	Bayside City Council, Kingston City Council, local youth support providers.
Develop new partnerships and initiatives with schools and youth agencies to address the increasing demand for educational and career pathway advice and improved access to information about employment opportunities.	Partner with the Bayside Glen Eira Kingston Local Learning Employment Network (BGKLEN) to train youth workers to provide purposeful career pathways and employment opportunity advice to young people.	BGKLEN engaged and Career Pathways training delivered to Council Youth Workers.	Bayside Glen Eira Kingston Local Learning Employment Network.
	Develop and deliver a new series of life skills workshops that support young people's transition into adulthood and increase their understanding of taxes, financial literacy and renting rights and responsibilities.	Life skills programs developed and two workshops delivered.	Holmesglen, Monash Student Union, #YouthVoice committee.
Advocate to State and Federal Governments for appropriate levels of funding to ensure young people in crisis have access to responsive support services and care.	Advocate to Federal and State Government for support to address youth mental health, education and employment pathways and emergency housing options.	Submissions made to local members of State and Federal Parliament.	Bayside, Glen Eira, Kingston Youth Network.