



GLEN EIRA
CITY COUNCIL



ACTIVE SCHOOLS



Suggested newsletter text

Date:	Image:	Copy:
Start of week 1: 2-3 October		<p>Go for Gold 2023 — one lucky student will win a Fitbit Ace</p> <p>We have joined Glen Eira City Council's <i>Active Schools – Go for Gold</i> program for the month of October (2-27).</p> <p>You will receive a Golden Ticket and each time you walk, ride, skate or scoot to school, tick one of the boxes on your ticket and then record it on your classroom calendar.</p> <p>The more active you are, the better our school's chance at becoming Glen Eira City Council's Active Schools Champion for 2023. Be active and help us win!</p> <p>For further information, please visit www.gleneira.vic.gov.au/active-schools.</p>
Start of week 2: 9-10 October		<p>Go for Gold 2023 – Car Free Day!</p> <p>Get your walking shoes ready to travel actively to school together on (date to be selected by school).</p> <p>Families, students and teachers are encouraged to ditch the car and start their day with some exercise by walking to school together. Not only is this a healthy way to get to school, it helps reduce traffic congestion as well as helps the environment.</p>
Start of week 5: 30-31 Oct		<p>Go for Gold 2023 – Remember to complete your Golden Tickets and update your Classroom Calendar, entries close on Friday 3 November!</p> <p>Congratulations on participating in Glen Eira Council's Active Schools - Go for Gold program!</p> <p>Good luck!</p>