GLEN EIRA GLEN EIRA CITY COUNCIL

City of

BENTLEIGH BENTLEIGH EAST BRIGHTON EAST CARNEGIE CAULFIELD ELSTERNWICK GARDENVALE GLEN HUNTLY MCKINNON MURRUMBEENA ORMOND ST KILDA EAST

GLEN EIRA OUR COMMUNITY VELLBEING PLAN 2021 – 2025

HEALTHY · CONNECTED · THRIVING



Easy English

Hard words

This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about



• find more information.

We will write contact information at the end of this book.





What we want to say

The City of Glen Eira **respects** the **First Peoples** of Australia.

Respect means we understand that our community is built on First Peoples land.

The First Peoples are the Aboriginal and Torres Strait Islander people.



In Glen Eira the First Peoples are called the peoples of the Eastern Kulin Nation.



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This book is from Glen Eira City Council.

About this book

Community Wellbeing Plan.

We call it the plan.



The plan

 says how we want to make more people in our community feel happy and healthy

\frown	
。 2021	° 2025

• goes from 2021 to 2025.





We made the plan for you



The plan says what we will do for different people in the community.

For example

our community.

- old people







- people with disability
- people who come from another country
- homeless people
- First Peoples.

We listened to you



We listened to our community before we made the plan.



Many people said they feel sad and lonely because of **coronavirus**.



Coronavirus

• can make people very sick



and

• is spread when you are close to someone else.



The plan has 6 goals.

The goals say what we want for our community.

Goal 1 People are healthy



We will do more to protect you from

• climate change



• illness

- for example, coronavirus.



You will see more information about how you can stay safe in extreme weather, for example

floods



• heatwaves.



We will make sure more people get a vaccine.

A vaccine is medicine to stop you getting sick.

We will check that all local businesses are clean. For example, restaurants.

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Goal 2 People are connected

We will do more to stop people feeling lonely.

You will see more activities for people who find it hard to leave home.

For example, events for seniors.

We will

- help more people get out and about
 - for example, in our community bus



 give more money to community groups that bring people together



• start programs that are good for mental health



- support meeting spaces in your area
 - for example, community houses.

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Goal 3 People are active

We want to make it easy for people to be active.



We will

- offer more activities for people of all ages
 - for example, dance workshops



• hold events to show you that being active is fun



- get more people to join the local sports clubs
- make public spaces easy to use for everyone.





We want to make it easy for people in our community to

- eat good food
- drink clean water
- get fresh air.









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We will

- put more water bubblers into public spaces
- teach people how to grow their own food
- make sure you can eat healthy food at community events
- create more smoke free zones.

















Goal 5 Everyone is welcome

We like that everyone is different in our community.

We want all people to feel that they belong here. This includes people who

- have a disability
- are First Nations Australians
- speak a language that is **not** English
- have a different **sexuality**.

Sexuality is who you are attracted to.

We will have more events and programs that

- include everyone
- celebrate that we are all different.



Goal 6 Everyone is safe

We want to stop **violence** in our community.

Violence is when someone

- harms your body
 - for example, a person hits you



or

- hurts your feelings
 - for example, a person calls you names.

We will run more programs and events about

• how to have better relationships



• where to get help if violence happens to you.



We will get our community to work together more to keep women and children safe.



How we will reach our goals

We will make a list of things we want to do each year.

We call this list our action plan.



Each year we

• check if we will reach our goals



- change our action plan to get better
- write a report to tell you what we have done.



More information



GLEN EIRA CITY COUNCIL



For more information contact Glen Eira City Council.





Website

gleneira.vic.gov.au



Email mail@gleneira.vic.gov.au



If you need help to speak or listen use the National Relay Service.



Call 1800 555 660



Website communications.gov.au/accesshub/nrs

Give the relay officer the phone number you want to call.

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