

Are you a **CARER** in Glen Eira  
or do you care for someone in  
**GLEN EIRA?**



## COME ALONG TO OUR SOCIAL CONNECT GROUP!

Come and meet other carers, spend time outdoors with a gentle stroll followed by a **complimentary** morning tea from a local cafe at Caulfield South Community House as well as a guest speaker.

### SUPPORTED BY

Interchange Outer East, Brotherhood of St Laurence, Caulfield South Community House and Glen Eira City Council

### WHEN?

Second Friday of the month  
in 2022 during school terms:

**11 Mar, 8 Apr, 13 May, 10 Jun,  
12 Aug, 9 Sep, 14 Oct, 11 Nov, 9 Dec**

Meet at 10.20am for 10.30am start

### WHERE?

Caulfield South Community House  
450-452 Kooyong Rd

Wheelchair accessible  
On street parking



### ENQUIRIES?

For questions about the Glen Eira City Council Pathways for Carers walk 2022 one year program contact Glen Eira City Council's carer support services officer on 9524 3333 or email [carersupport@gleneira.vic.gov.au](mailto:carersupport@gleneira.vic.gov.au). Bookings are not required. Attendees must have proof of COVID-19 double vaccination or medical exemption.

### LEARN MORE?

To learn more about Pathways for Carers, including to be a part of setting up a walk in your local government area within Victoria, contact the Project Manager, Andrea at Interchange Outer East on 9758 5522.

[www.pathwaysforcarers.com.au](http://www.pathwaysforcarers.com.au)

*Pathways walks provide carers with peer based support, information, services and resources, opportunities to be active and connect with other carers, connect with nature and connect with their local community.*